



One Life To Live: Pt. 1; Mind the Dash

Time is the greatest resource you have, and it's one of the only things that you'll never be able to make any more of. The time you have is what you have. We all have a tendency to drift through life without much thought about how we are investing our one and only life. Things that are urgent can crowd out what is truly important. How do we live our lives in such a way that when it's over, we feel like we accomplished what really mattered, and didn't lose sleep over the things that didn't?

Bottom Line: You have one life to live, maximize it!

Discussion Questions:

1. When you were a child, do you remember what you wanted to be when you grew up? What was it, and why?
2. When you look at your typical day/week/month, what do you spend your time doing?
3. What type of things does our culture suggest we should spend our time and energy accomplishing? Are these things inherently good or bad? Why or why not?
4. **Read Ecclesiastes 2:4-11.** Do you identify with the feeling of running as hard as you can, accomplishing much, but finding no joy or purpose in it? Why or why not?
5. If you were to try to look at your own life objectively, what would you think was the cause to which you are the most devoted? Is it your job? Your Children? Your preferred hobby? Your favorite Charity? Or something else? Why do you think that is?
6. What (if anything) really excites you? What do you think is worth investing your life in? Discuss what some worthy causes might be with the group.
7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group encourage you this week?