



### **Greater Than: Pt. 2; My Hurt**

Reality is that we can't make it through life without somebody hurting us; and we have to learn how to access the God who is greater than our hurt. It doesn't work when we try to cover our wounds with success or achievement or try to keep the hurts deeply buried. Rather than burying the hurt, we have to acknowledge it; and rather than expecting instantaneous healing from God, we have to have a persevering mindset. Healing takes time. In God's mind, our hurt always has two intended recipients: us and someone else. Typically it's our wounds that equip us to serve others in their woundedness. And with regard to the one who has caused us hurt, we have to leave justice to God, the God who is greater than.

**Bottom Line:** No matter how deep your hurt, you are not beyond God's healing touch.

### **Discussion Questions:**

1. How do you typically respond when you find yourself hurt by someone or some situation?
2. **Read Philippians 4:4-7.** How can you have a peaceful spirit?
3. How is God greater than our hurts? How does he heal us from our hurts? Describe a time that God healed your hurt.
4. **Read Psalm 46:1.** How does this passage encourage you?
5. **Read Isaiah 40:28-31.** How does God give us strength when we are weary?
6. **Read Ephesians 4:2.** If you were more thankful, joyful, and gentle, how would that mindset change your perspective around your circumstances?
7. What hurt do you need to bring to God this week?
8. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
9. How can the group encourage you this week?