



### **Pt.3: Bring It; Seek the Lord**

May people of all different backgrounds have turned to prayer during difficult times. For centuries, prayer has been a way for people to petition for things they need for themselves or for others. Even those that aren't spiritual will say a prayer or ask for prayers. It's in this posture, that we come to realize the wonder and power of God.

Bottom Line: In our desperation, we call to Jesus. Help!

Discussion Questions:

1. What is something that most people fear? Why?
2. Whether you're a spiritual person or not, prayer seems to be a human reflex to life's situations. Why do people pray? What are some things that people tend to pray about?
3. How do you approach prayer? (Daily? As needed? In private? With family? At meal time?). Where did this discipline come from?
4. What environment helps you increase your wonder and fear in God?
5. **Read Psalm 34:6.** Describe a time when you or someone you know cried out to God and went to him in desperation.
6. Describe your biggest fear. Then **read Psalm 34:4, 15, 17.** How can you go to God about this fear in order to be released from it?
7. **Read Psalm 34:18.** What is one thing that you can do this week to start building, or increase, your prayer discipline so that, when life gets tough, you have built a regular habit of talking to God?
8. How can this group support you this week?
9. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?

\*If time doesn't allow for you to discuss all of these questions, use only the ones you feel would be most helpful for your group.