



## **TIME OF YOUR LIFE #1 :: Your Days are Numbered {Andy Stanley}**

### **INTRODUCTION**

Time is our most valuable asset. We wear watches, we glance at the clock so we don't lose track of time. Yet there's something more important than knowing what time it is . . . it's knowing *what to do with our time*.

### **DISCUSSION QUESTIONS**

1. How has your view on time changed since you were a child? A student? An adult?
2. Have you ever met people who tried to make their lives all about them? What kind of impression did they leave?
3. How do you respond to the question, "What's the point of life?"
4. Read Psalm 90:1-6. As you read about God's larger perspective on life, does it cause you to see life as depressing or purposeful?
5. Read Psalm 90:10-12. What does it mean to number our days?
6. Remembering the context of your life in light of God's everlasting to everlasting-ness, how will you approach life differently?

### **MOVING FORWARD**

Life is short. But it's *your life . . . your time . . . your opportunity* to be part of something. Knowing our days are numbered, let's make the most of them.

### **CHANGING YOUR MIND**

Teach us to number our days, that we may gain a heart of wisdom.

**Psalm 90:12**