



### **Dates to Soul Mates, Pt. 5: When a Marriage Ends**

Every marriage will end in one of two ways: through divorce or through the death of a spouse. The end of a marriage is always heartbreaking. What do you do when a marriage ends? How do you deal with the shock? How do you cope with the pain? How do you move forward?

**Bottom Line:** The end of your marriage is not the end of you.

### **Discussion Questions:**

1. Describe a time when you lost something valuable to you? How did you move past the emotion that came with that loss?
2. Who has supported you during a loss? What did that person do to support you? Besides family members, who do you have in your life that that you could call on in a time of difficulty or crisis?
3. There are five stages of grief including denial, anger, bargaining, depression, and acceptance. Through which of these stages is most difficult for people to work? Why?
4. **Read Psalm 55.** How would you characterize this Psalm? What do you find encouraging? What do you learn about prayer?
5. **Read Ephesians 4:31-32.** What application do these verses have after a marriage ends?
6. **Read Philippians 1:3-6.** What do you find hopeful about this passage? When in your life have you doubted the promise of verse six?
7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group encourage you this week?