



Dates to Soul Mates, Pt. 4: The Truth About Sex

People have a lot of different ideas about sex and human sexuality. Sex is a source of great pleasure, but it can also be a source of great pain. How can we avoid that pain and regret?

Bottom Line: Knowing and living according to the truth about sex will help you avoid pain and regret.

Discussion Questions:

1. Summarize our culture's ideas and values about sex and sexuality. How have your views about sex and sexuality changed over the years, if at all?
2. If someone younger than you asked for just one piece of advice about sex, what would you tell him or her? And how would you define the purpose of sex?
3. Before [listening to the message](#) from this session, how would you have described Christianity's teaching on sex and sexuality? How did this message impact you thinking on this subject, if at all?
4. **Read Genesis 1:27-28; 2:20-25; 4:1-2, 25.** What do you learn about marriage from these passages? About sex? About our sexuality?
5. **Read Matthew 19:4-9.** When asked a question about marriage and divorce, Jesus quoted from Genesis. What does that say, if anything, about Jesus' view of what Moses wrote? In quoting from Genesis, what did Jesus add? Why is that significant? What do you learn from this?
6. **Read 1 Corinthians 6:13-20.** Some Christians in Corinth believed that what they did with their bodies, including their sexual practices, had no spiritual impact on them. How would you summarize Paul's response to their beliefs? In your understanding, why is sexual immorality different from other sins?
 - a. In our culture, what does it look like to flee sexual immorality (v. 18)? To what realities does Paul appeal in order to get the Corinthians to flee from sexual immorality (vv. 18-20)? Why do you believe shame and guilt accompany previous sexual relationships and experiences? What does this say about sex?
7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group encourage you this week?