



The Immeasurable Life, Pt. 3: It doesn't matter how much "more" you have or experience in life if your relational world is broken. In his letter to the church in the ancient city of Ephesus, the Apostle Paul spoke about their new identity in Christ and urged them to root themselves in this new identity. He understood that to experience the "immeasurable more" that was possible, a person must have healthy relationships. But healthy relationships require *you* to be healthy. And at the core of a healthy *you* is how you see yourself — your identity.

Bottom Line: Your identity shapes your relationships.

Discussion Questions:

1. Who have been the most important people in your life? How have those relationships shaped you, for good or for bad? How have they shaped how you see yourself?
2. How have you found the following statement to be true? *"How you see yourself has a dramatic impact on how you relate to everyone around you."* What examples can you give?
3. **Read Ephesians 1:3-8; 2:4-7, 19-22; 3:12.** Note the following phrases: *in him, through Jesus Christ, in Christ, with Christ, with him.* What do you learn about your new identity "in Christ"?
4. **Read Ephesians 4:17-19.** Paul insists that readers not to live the way the world (Gentiles) live. What kind of difference is there in how you live verses what may be typical of a culture in which people do not know or follow Jesus? How does a person's heart become hardened toward God? What can a person do to prevent their heart from becoming "hardened toward God"?
5. **Read Ephesians 4:20-24.** What things help us breakaway from the "old self" — our old way of living? In ways are you practicing those things that help you breakaway? Practically speaking, how can a person "put on the new self"?
6. **Read Ephesians 4:25-32.** What one or two truths from these verses would most impact *your* relationships?
7. What has been the most helpful or encouraging thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group support or encourage you this week?

*If time doesn't allow for you to discuss all of these questions, use only the ones you feel would be most helpful for your group.