

# HOW ~~N~~O T TO BE YOUR OWN WORST ENEMY

## Week 3: Listen

It can be easy to see someone else self-destruct and think to ourselves, *I would never do that*. But truth be told, we're all capable of ending up where we don't want to be. Even Solomon's son—the heir to the throne of Israel—blatantly ignored a principle that we should all pay close attention to.

## Discussion Questions

1. What is one topic for which you feel confident giving advice on (field of expertise, a hobby, relational)?
2. Is there a category of people you have a hard time taking advice from? If so, why?
3. Can you think of a time when you discounted good advice because of the source?
4. **Read 1 Kings 12:1–19**, where Rehoboam (Solomon's son) begins his reign as Israel's king. He does so in the wake of King Solomon forcing labor in order to accomplish multiple building projects.
  - How familiar are you with this story?
  - What stands out to you as you read this account?
  - What are some good decisions Rehoboam made? What are some poor ones?
  - What are some principles we can learn from Rehoboam's mistakes?
5. We're all prone to lean on our own understanding. Who else should you be inviting into your decision-making circle?
6. Which of these make it difficult for you to ask, *What would you do if you were in my shoes?*
  - You already know what they're going to say.
  - It's nobody's business.
  - Success is intoxicating: You don't need anybody's advice.

## Changing Your Mind

Find someone who has nothing to gain and nothing to lose by telling you the truth. Are you willing to make the following commitment? *I will not automatically discount advice based on the source of the advice.*