Wonderlife, Pt. 4: It All Boils Down To This

Now is a powerful moment. Think about it: you can only enjoy things now. You can only love people now. The past is gone and the future isn't promised. All you have is this moment right now. If you want to experience the full life Jesus wants for you, you have to learn to be fully present in your life - fully present in this moment. So what keeps you from this moment and how can you maximize every moment?

Bottom Line: Love makes life full.

Discussion Questions

1. On a scale of 1 - 10 (one being hardly at all, ten being you're crushing it!), how "fully present" have you been in your life (relationships, family, marriage, kids, roommate)?

2. People generally fall into two camps: Those who are living in the past and those who are living for the future. We live in the past because of our regrets, wounds, and highlights. We live in the future with hurry (busyness), worry, and ambitions (goals/ dreams). Which camp have you most often fallen into? Explain and discuss why you think you fall into the camp you do?

3. Do you believe our culture values achievement over love? Explain and discuss.

4. Compassion, gentleness, forbearance, kindness, serving, humility, selflessness, generosity, sacrifice, helping, honesty, patience, faithfulness, self-control, and forgiveness are all expressions of love. Which ones are hardest for you to display? Discuss. What environment do you find it easiest to display the above qualities? The most difficult environment?

5. Read **Ephesians 4:30 - 5:2**. What in this passage challenges you? How can 4:31 be accomplished?

6. Read **Romans 5:1-5**. What encourages you from this passage, especially verse five?

7. Express ways growing in love would impact you and the environments/relationships around you.

8. How can you become a more loving person this week?

9. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?

10. How can the group encourage you this week?