



Bad Blood, Pt. 1: The Empathy Lens

Bad blood can infect any relationship. And the quality of our lives is only as good as the quality of our relationships. Lack of peace about a relationship robs you of peace in your own life. But you can have peace about a relationship even without peace in the relationship. Happiness comes from peace with God, peace with yourself, and peace with others.

Bottom Line: You can have peace about the relationship without peace in the relationship.

Discussion Questions:

1. Talk about a relationship that makes your life better. What are some things about that relationship that you value and appreciate?
2. When has one of your relationships gone from good to bad in the blink of an eye? How did you respond?
3. During the message, Clay defined empathy as “feeling what the other person feels.” What are some obstacles we face to being empathetic toward others? Why do we resist that level of connection?
4. **Read Romans 12:17–19.** What are some of the negatives you contribute to difficult relationships in your life? What do you need to do to live at peace with others?
5. Is it difficult for you to believe that when it comes to bad blood your life will be better if you follow Jesus by taking the long walk of empathy? Why or why not?
6. Think about a difficult relationship in your life. What can you do this week to view the problem from the other person’s perspective and take a step toward him or her? How can this group support you?
7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group encourage you this week?