

Pt.2 - The Mind Game

Do you remember the board game slogan, "You learn about life when you play The Game of Life"? It's true. We do learn about life when we play games. But too often, the lessons we learn aren't healthy ones . . . especially when we play The Mind Game. Relationships built on The Mind Game can't survive.

Bottomline: Our interpretation determines the distance we have between us.

DISCUSSION QUESTIONS

- 1. What was your favorite game as a kid? What did you like about it?
- 2. Talk about a time when someone misinterpreted your words or behavior. How did you respond to that misunderstanding?
- 3. Talk about a time when you misinterpreted someone else's words or behavior. What did that misunderstanding affect your relationship with that person?
- 4. Sometimes, the interpretation we choose of the behavior we preceive will determine the distance we have between us. Do you agree that we choose our interpretations of other people's behavior? Why or why not?
- 5. Read 1 Corinthians 13:6–7. What are some obstacles that stand in the way of always protecting, trusting, hoping, and persevering in you relationships?
- 6. Are you playing The Mind Game in a relationship right now? If so, what can you do to begin to admit your interpretation lacks information, choose to believe the best about the other person, and ask direct questions when you can't believe?
- 7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
- 8. How can the group encourage you this week?