



Better: Do This One Thing

Many of us want this year to be better than last year. We start off with good intentions by making a commitment to improve but inevitably end up not following through. There's got to be a better way, right? A perfect year may be impossible. But a better year is possible.

Bottom Line: Our shortcomings are opportunities for us to grow closer to Christ.

Discussion Questions:

1. There are two categories of people: goal-setters and non goal-setters. Which one are you? How has this trait helped or harmed you in the past?
2. We want this year to be better than last year. Pick one area of your life from this list that you would like to improve in 2022. Describe what that part of your life looks like right now. What are some consistent things you can do to make it better?
 - Finances • Personal Growth • Relationships • Spiritually
3. **Read 2 Corinthians 12:9-10.** Paul says he will “gladly boast about his weaknesses.” What’s the difference between just admitting your weaknesses and boasting about them? Why do you think Paul chose to boast instead of just admit them?
4. Describe a time when you realized you were living out of your own strength. How does asking for God’s help actually make us stronger?
5. Paul ends verse 10 with, “When I am weak, then I am strong.” In what ways can our weaknesses make us strong? Have you ever seen this truth at play in your life?
6. Following Jesus will make your life better and make you better at life. What would it look like for you to rely daily on Christ’s strength to help you navigate life’s circumstances?
7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group encourage you this week?