



ROOTED

Welcome to ROOTED

The **Rooted** experience will deepen your connection with God, His church, and your purpose in God's epic story.

Rooted is a catalyst for life-change, provoking questions, conversations, and beyond-what-is-comfortable group experiences that are designed to help you find yourself in God's story. You will begin to see God in new ways and hear His voice in surprising places. Through this experience, we hope you will be emboldened to live out your calling as a radical follower of Jesus. The word radical comes from the Latin root "radix," meaning "a root." By rooting ourselves in God's Word and His truths, we have a firm foundation on which we love the world.

Rooted is a significant commitment. Anything worth doing involves a certain amount of sacrifice. During the 11-week experience, you will engage in various "rhythms" that help you 'tune in' to God daily (Bible reading, journaling, and prayer) and then you will meet with your group weekly virtually or at the Journey campus to talk about what you've learned. You will be surprised what happens when your group gathers and begins to share honestly. As people open up, God will reveal new truths. This is where transformation happens.

There are three additional experiences designed to deepen some of the areas we explore. We'll pray together, share our faith story, and serve together. No matter where you stand in your relationship with Jesus at the beginning of **Rooted**, there is always room to move forward. For some, that may mean deciding for the first time to follow Jesus and being baptized. For others it will mean letting go of the things of this world to follow His call more courageously. After 10 weeks together, we'll join with all the other **Rooted** groups to celebrate the journey.

Come with an open heart and mind, and see how God will surprise you!

Rooted at Journey

Rooted is an 11-week catalytic experience that will jump start or deepen a person's faith and their impact in the world.

How Do I Get Involved?

Rooted and Community Group registration will open Sunday, January 17. If you're interested in participating in the **Rooted** experience, visit journeyrva.com during September to join the group that works best for you!

Message from Our Director of Discipleship

*Hi, my name is Melanie Hudson and I am the Director of Discipleship here at Journey. We all have times where we feel like we need to grow closer to God. Maybe you've felt that way in the past or maybe you feel that way now. Then, there are times when we feel really close to God and have a strong desire to be a world-changer, but we're just not sure how to step forward into that. **Rooted** is an 11-week discipleship pathway that includes study, discussion, and practical experiences around 7 rhythms essential to a healthy and growing relationship with Jesus Christ. **Rooted** is truly a powerful experience that will deepen your faith and your influence in the world. I can't wait for another year of **Rooted**. We believe **Rooted** will transform our church so that people are engaging on a deeper level by serving, giving, and growing in community with others, as well as their relationship with Jesus Christ.*

If you have any questions about **Rooted**, please contact me at mhudson@journeyrva.com.



THE 7 RHYTHMS OF ROOTED



Daily Devotion



Prayer



Freedom from Strongholds



Sacrificial Generosity



Serve the Community



Share Your Story



Celebration



ROOTED FAQ's

WHAT IS ROOTED?

Rooted is an 11-week catalytic experience that will jump start or deepen a person's faith and their impact in the world. While much of the Rooted experience takes place in a small group environment, consider it also a personal journey - a Journey with the goal of deepening your connection with God, His Church, and your purpose in the big, epic story He is writing through human history.

During the 11-week experience, you will engage in various “rhythms” that help you ‘tune in’ to God daily (Bible reading, journaling, and prayer) and then you will meet with your group weekly at the Journey campus to talk about what you’ve learned. You may be surprised what happens when your group gathers and begins to share honestly. As people open up, God will reveal new truths. This is where transformation happens.

WHEN IS THE ROOTED SEASON?

Rooted is the front door to our Community Groups meaning that every new group that forms will start with the Rooted experience. We host at least two Rooted seasons throughout the year during Group Formation Season, once at the beginning of the year and once in the fall. This current season will begin the week of February 1, however group sign ups begin Sunday, January 17 online at journeyrva.com. View the Rooted calendar at the end of the document.

WHO IS ROOTED FOR?

Rooted is intended for those who have some foundation of faith, with a desire to ignite or deepen their walk with Jesus Christ, connect with God, know their purpose, and impact their community. Over time, our desire is for every person at Journey to have a Rooted experience.

HOW DO I GET INVOLVED?

Rooted and Community Group registration will open Sunday, January 17. If you're interested in joining a Community Group, visit journeyrva.com during January and find the group that works best for you!

- If you're interested in facilitating a Rooted group or a Rooted to Community Group, [click here](#) to fill out our application.
- If you're interested in leading a Community Group, [click here](#) to fill out our application.

Once your application is completed, the Director of Rooted will reach out to you with next steps.

CAN I FACILITATE A ROOTED GROUP?

We are always happy to add to our team! Rooted Facilitators get a front row seat to something remarkable – God transforming lives. Rooted leaders must have completed the Rooted experience, be commissioned for ministry leadership, and agree to our leadership commitment.

WHEN DO I GET MY MATERIALS?

You will receive your workbook the first time you meet together with your group. Your leader will have your workbook and walk you through how to use it.

WHERE AND WHEN WILL ROOTED GROUPS MEET?

There will be multiple groups to choose from on several different nights of the week. The night of week will depend on leader availability. The Rooted Launch will be the week of February 1. Some groups will meet at the Journey campus for the initial 11 weeks of Rooted, while others will meet virtually. The groups who continue on to become Community Groups will then begin meeting in the homes of the group members or continue on meeting virtually.

IF MY GROUP IS MEETING VIRTUALLY, WHAT ABOUT THE 4 ROOTED EXPERIENCES?

We believe these experiences are essential to the Rooted experience as a whole, and there are 4 of them; the Launch Event, the Prayer Experience, the Serve Experience and the Celebration Event at the end of the 10 weeks. At this time, we understand that some may feel uncomfortable meeting in person, and that's okay! We will record the Launch experience, send you an adaptable virtual Prayer Experience, and host the Celebration online via Zoom. The Serve Experience will still be in person, but social distancing practices will be in effect.

WHAT IF I CAN'T MAKE ALL 11 WEEKS?

We understand that Rooted is a large time commitment, but we believe it is worth it to invest in the entire process. The 11 weeks (10 weeks + celebration) are a cumulative experience, and attending each week is vital to both the Rooted experience and the forming of bonds with your new group. We strongly encourage every person to honor each other by being at every meeting and participating in each group experience.

HOW BIG ARE THE GROUPS?

Groups are about 10-14 people. When the limit is reached, the group will be closed. So if there is a special night you need to attend, be sure to sign-up quickly to get your spot.

IS THERE A COST TO ROOTED?

Similar to the cost of books, dvd's and other curriculum used in traditional community groups, there is a cost to Rooted. The cost is \$25 per person to go through the course, which includes all sessions, your workbook and other materials.

IS CHILDCARE PROVIDED?

For this season of Rooted, there is no childcare provided.

WHAT HAPPENS AFTER ROOTED?

At the end of the 11-week experience, many of the Rooted groups will move onto the Community Group phase of GroupLife. During this phase, they will begin to meet weekly in homes where they will continue in the seven rhythms of Rooted for 12-24 months. Rooted is the doorway to GroupLife at Journey.

CAN I LEAD A COMMUNITY GROUP IF I'VE NEVER BEEN THROUGH ROOTED?

Yes, you can still lead a Community Group if you've never been through Rooted. We will partner you with two facilitators who have been through the Rooted experience to lead your group through the first 11 weeks.

IF I'VE ALREADY BEEN THROUGH ROOTED, DO I HAVE TO DO IT AGAIN TO JOIN A COMMUNITY GROUP?

We believe that Rooted is such a powerful experience and is the best way for our new Community Groups to launch. There's nothing we know of that can provide a better environment for individuals to connect relationally in order to grow spiritually as a group. With that being said, if you have recently completed a Rooted experience and are planning to join a new group this season, we would not want you to miss out on the benefits of experiencing Rooted with your new group. Some of you may consider this an opportunity to facilitate a new group experiencing Rooted for the first time. On our GroupLife Team, we like to say that you *get* to experience Rooted again.

IF I HAVE AN EXISTING COMMUNITY GROUP, CAN I TAKE MY GROUP THROUGH ROOTED?

Yes, however, you need to be in alignment (regarding timing) with a Rooted group session. Your group also needs to be led by facilitators who have gone through Rooted before, and who are committed to the weekly Just In Time training. Due to limitations in space and materials, and giving priority to newly forming groups, we will offer just a few slots each session to accommodate existing community groups.

CAN I DO ROOTED AT HOME WITH MY COMMUNITY GROUP?

Yes, if you have previously been through Rooted you can lead a Rooted group. The location is not essential except for the commitment to join the rest of the Rooted groups for the collective experiences. We believe they are essential to the Rooted experience as a whole, and there are 4 of them; the Launch Event, the Prayer Experience, the Serve Experience and the Celebration Event at the end of the 10 weeks.

DOES ROOTED REPLACE STARTING POINT?

No, Rooted will not replace Starting Point. The audience for Starting Point is seekers, starters, and returners. The ideal audience for Rooted are individuals who already have some foundation of faith.

ARE THERE SCHOLARSHIPS AVAILABLE?

We believe that Rooted is a life-changing experience and we want everyone to participate! We understand that the Rooted registration fee may be a burden for some and we are happy to provide scholarships. Contact Melanie Hudson at mhudson@journeyrva.com with any questions about scholarships.

IF I HAVE ADDITIONAL QUESTIONS ABOUT ROOTED, WHERE DO I GO?

Contact our Rooted Director, Melanie Hudson at mhudson@journeyrva.com.



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DATES TO REMEMBER

Though your group may meet on a specific night, our Experiences may happen on a night that's different than your normal group meeting. See below.

Launch - Groups meeting in person will attend the Launch on **Tuesday, February 2**. Groups meeting virtually will do the Launch on their group night via video.

Prayer Experience - Groups meeting in person will attend the Prayer Experience on **Tuesday, February 16**. Groups meeting virtually will do the Prayer Experience on their group night via video.

Serve Experience - All groups will attend the Serve Experience on **Saturday, March 13**.

Celebration - All groups will attend the Virtual Celebration on **Tuesday, April 20**.