



## **Dates to Soul Mates, Pt. 2: How to Find the Love of Your Life**

There are a lot of things in life we can live with if they go wrong. A fender bender? No problem. Failed a pop quiz? Downsized at work? You can recover from these events. But one thing you don't want to get wrong is whom you marry. In this session, we looked at two different methods of building relationships and then considered some guidance from the Bible for selecting a spouse.

**Bottom Line:** Lasting relationships don't just happen, they are built intentionally.

### **Discussion Questions:**

1. The common phases of building a romantic relationship include a social, emotional, physical, psychological, and spiritual phase. Based on the message from this week, how would you describe each of those phases? How have those phases played out in your relationships? How did the order of the different phases impact your relationship (for the good or the bad)?
2. Research studies have revealed that infatuation is a real phenomenon and that it can last up to 18 months. What is the difference between infatuation and love and how can you tell? How could infatuation negatively impact a relationship if it were mistaken for genuine love?
3. Please answer the following based on your current relationship status:
  - a. Single - What character traits do you look for in a person for before deciding to date them?
  - b. Dating - When you started dating, how did you know that you wanted to continue moving forward with them? Upon what foundation is your dating relationship being built? What adjustments are needed to your foundation?
  - c. Married - How did this message help you understand any of the conflicts you've experienced? How have you worked through those conflicts? Upon what foundation is your marriage built? What adjustments are needed to your foundation?
  - d. Divorced - How did this message help you understand what may have gone wrong in your marriage? How will this message impact any future relationships?
4. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you? How can the group encourage you this week?

\*If time doesn't allow for you to discuss all of these questions, use only the ones you feel would be most helpful for your group.